

Charlotte Couture

Film Director and Writer



CONTACT



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SOCIALS



[instagram.com/_charlottecouture](https://www.instagram.com/_charlottecouture)



www.linkedin.com/in/charlotte-couture

Charlotte directs and writes films that depict life, relationships and human behaviour in a deeply authentic way, and through a different lens to the one we're used to. Her distinctive style is defined by its stark yet poetic visuals, and intensely human characters. Having trained in acting herself, she connects and collaborates with actors on a very instinctive level, and has a strong ability to draw out unique and compelling performances that make a story fly and stir the souls of an audience.

She is the founder of Seven Light Films who make stories about people that are often unseen, and that show both the complexity and universality of humanity.

AWARDS & NOMINATIONS

2022 Winner of Best British Short Film, Cornwall Film Festival for Different Day

2022 Nominated for Best Short Film & Best Director, Unrestricted View, for Different Day

2021 Winner of the Jury's Choice Award, The South London Film Festival, for Different Day

2020 Nominated for Best International Short Film, Wales International Film Festival, for O, My Friend

FILMS

Completed

2023 ROSE

Director & Writer

Short film, 15 minutes

DP Guido Cavaciuti / Produced by Seven Light Films and Tom Scurr at Thunder Pebble, in association with The Big C

A dancer strives to rebuild her life after surviving cancer.

World premiere at the Cheltenham International Film Festival, September 2023

2023 FIVE FIFTY

Director

Short film, 3 minutes

DP Núria Pérez / Produced by Seven Light Films

Five Fifty is an experimental short that explores modern day isolation through a choice a woman makes one afternoon.

2021 DIFFERENT DAY

Director & Writer

Short film, 15 minutes

DP Guido Cavaciuti / Produced by Seven Light Film and Tom Scurr

A young caregiver is torn between family loyalty and personal freedom

Winner of the Jury's Choice Award at The South London Film Festival; Winner of Best British Film at Cornwall Film Festival; Nominated for Best Short Film and Best Director at Unrestricted View Film Festival; Official Selection at Nottingham International Film Festival, Liverpool Film Festival, Cheltenham International Film Festival, Ramsgate International Film & TV Festival, Manchester Lift-Off, Tokyo International Short Film Festival, Swindon Independent Film Festival

ASSOCIATIONS

Member of Directors UK
Member of Women in Film & TV

REFERENCE

Company: British Film Institute
Contact: Jason Wood, Executive
Director Public Programme &
Audiences
Email: Jason.Wood@bfi.org.uk

FILMS (CONT'D)

2020 O, MY FRIEND

Writer & Producer

Short film, 15 minutes

Director Louise C Galizia / DP Oliver Biggs / Produced by Sheer Height

Two estranged friends meet in a place close to their hearts. But a joyful reunion is disturbed by haunting memories and a past tragedy that can no longer be avoided.

Nominated for Best Film at Wales International Film Festival; Semi-Finalist at Meraki Film Festival; Official Selection at Manchester Lift-Off, New York No Limits, Malta Film Festival, Roma Cinema Doc, Southampton International Film Festival, Swindon Independent Film Festival, Suffolk Shorts, Dorset Indie Film Festival

In development / production

2023 DIFFERENT DAY

Director & Writer

Feature film

In development with Seven Light Films

Different Day is about quiet people, the cycle of substance abuse, and the different ways we can love.

2023 DEAR CLAUDIA

Director & Writer

Short film

Dear Claudia is being supported by The Benjamin Foundation & Iceni

In pre-production, shooting in January 2024.

When Esme hears her only friend is leaving the country, she becomes aware of a superpower within her.

TELEVISION

2023 Doctors, BBC ONE

Director shadowing placement under Steve M Kelly

LINKS TO WORK

Drama Reel

https://vimeo.com/sevenlight/charlottecouture?share=copy_

OTHER EXPERIENCE

2018-2023 Five years working in programming at the BFI

2015-2017 Producer of theatre festival, Women Redressed, which played at theatre venues across London for two years

EDUCATION

BA Hons English Literature & History
University of East Anglia

MA Acting
Drama Centre London