

Ruth Overend

PD & Edit Producer

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Available Jan – Apr 2024

About Me

- Experienced across primetime Factual and Fact Ent - from high profile access docs and obs docs, to presenter-led series and popular formats.
- Seeking opportunities to continue directing, edit producing, and senior producing, with a view to SP'ing in the longer term.
- Background as a brilliant self-shooter whose rushes "cut like butter" [Gill Wilson, Exec]. Currently taking a pause on handheld camerawork while in second trimester of pregnancy, though still comfortable shooting glossy MIVs etc.
- Calm, confident, and compassionate on location, winning the trust of talent, crew, and contributors.
- Accomplished in shaping first series and returning formats in the edit.
- Editorially strong – able to build layered narratives, motivate scenes, structure story beats, and develop characters.
- Talented in finding key sync and mining rushes for the best moments of actuality and interview.
- Skilful in crafting commentary, with the adaptability to script VO in the ideal style for each production.
- Compliance savvy and impeccably organised.
- Collaborative and communicative approach with Editors, SPs, Execs, and Production to deliver on the Commissioner's expectations within the required timeframe.

Industry Achievements

Most Watched BBC Two Factual Episode of 2020 (peaking at 5.6 million viewers) 'Inside Monaco: Playground of the Rich.'

Grierson Award Winner 2020 Best Constructed Documentary Series for 'The Restaurant that Makes Mistakes.'

BAFTA Nomination 2016 Best Feature for 'Kevin McCloud's Escape to the Wild.'

Technical Skills

Well-versed on Avid, Blackbird, and Trint.

Proficient on FCPX with the ability to cut tasters and sizzles.

Confident and stylish self-shooter on FX9, FX6, etc. Skilled with prime lenses gimbals, sliders, four-channel audio, and lighting multi-cam interviews.

Credits as Edit Producer

Edit Producer | Undercover Doctor: The Secrets of Your Big Shop | Channel 4
Plum Pictures | Exec: Gill Wilson | Oct 2023

New, primetime, four-part series about nutrition presented by Dr Michael Mosley.

- Edit produced episode 4, having directed the series as the sole PD.
- Scripted playful humour and judicious pacing into a noisy, feelgood format.
- Wrote easily-digestible specialist factual VO about healthy eating.

Edit Producer | Westminster Abbey: Behind Closed Doors | Channel 5
Spun Gold TV | Exec: Charlotte Smith | Sep-Oct 2022

Warm-hearted obs doc series exploring the thousand-year history and modern-day workings of this iconic national landmark and Royal Church.

- Edit produced episode 5, having PD'ed the series.
- Also cut and scripted scenes to help along episode 4.
- Supported the SP by proposing narratives and running orders, thanks to an encyclopaedic knowledge of the rushes and a head for stories.
- Interwove character-led actuality and expert-driven history sequences.

Edit Producer | Love Your Garden | ITV1

Spun Gold TV | Exec: Matt Young | Nov-Dec 2021

Popular garden design series with Alan Titchmarsh.

- Edit produced the Water episode, having directed multiple episodes previously.
- Scripted commentary to suit the voice and tone of well-loved talent.
- Five-week turnaround for a primetime one-hour.
- Combined heartfelt contributor story, narrative of the garden build process, VTs, horticultural know-how, and glorious reveals.

Edit Producer | Playgrounds of the Rich and Famous | Channel 5

Crackit Productions | SP: Mike McDowall | Aug-Sep 2021

The insiders' guide to the world's most luxurious holiday destinations.

- Edit produced the Hamptons episode, having self-shot and directed it in the USA.
- Identified archive to bring to life the socioeconomic and celebrity references.

Further Skills & Permits

Fluent in French

U.S. Media (I) Visa

Full, clean driving licence

Professional Training

Management Training
Creative People (2022)

Anti-Bribery, Tackling Bullying & Harassment, Data Privacy, Cyber Security, Fire Safety, Addressing Unconscious Bias, Mental Health Awareness at Work, Duty of Care
ITV/Channel 4 (2022)

Edit Producing Course
Jo Woolf Media Training (2020)

Production Safety
Emergency First Aid
1st Option (2018)

Dementia Awareness
Alzheimer's Society (2018)

Shooting on the C300
Skills2Film (2016)

Shoot & Direct: XF 305
DV Talent (2014)

Education

Durham University
BA Hons Degree, 2:1
Modern Languages with Distinction in Spoken French

4x A-Levels
English Language, A
French, A
Biology, A
General Studies, A

11x GCSEs
9x A* grade
and 2x A grade

Producing & Directing Credits

Shooting PD | Undercover Doctor: The Secrets of Your Big Shop | Channel 4
Plum Pictures | Exec: Gill Wilson | Jul-Oct 2023
- Sole PD across entire series, directing talent, crew, and four contributing households.

Shooting PD | Surgeons: At the Edge of Life | BBC Two
Dragonfly Film & TV | Series Director: Brigid McFall | June 2023

Snr Development Producer | 3 x 60' Access Doc Series | BBC Two
Pernel Media | Exec: Michael Waldman | Jan-Feb 2023

Shooting PD | Emergency (Series II) | Channel 4
The Garden | SP: Rebecca Arnold | Jul-Aug 2022 and Nov 2022 - Jan 2023

Shooting PD | Westminster Abbey: Behind Closed Doors | Channel 5
Spun Gold TV | Exec: Charlotte Smith | Feb-Jun 2022

Snr Development Producer | 6 x 60' Funded Development | Apple TV+
Spun Gold TV | Head of Development: Jane Glasson | Jan-Feb 2022

Shooting PD | Love Your Garden | ITV1
Spun Gold TV | Exec: Matt Young | Oct-Nov 2021

Shooting PD | Playgrounds of the Rich and Famous | Channel 5
Crackit Productions | SP: Mike McDowall | Jun-Aug 2021

Shooting PD | Love Your Garden | ITV1
Spun Gold TV | Exec: Juliet Rice | Mar-Apr 2021

Snr Development Producer | 4 x 60' Funded Development | Channel 4
Spun Gold TV | Head of Development: Jane Glasson | Nov 2020 - Jan 2021

Shooting PD | Women on the Force | UKTV
Lambent Productions | SP: Simon Barnes | Oct 2020

DV Director | Our Yorkshire Farm | Channel 5
Renegade Pictures | SP: Kate Fraser | Sep 2020

Shooting PD | Love Your Garden | ITV1
Spun Gold TV | Exec: Matt Young | Aug-Sep 2020

Shooting Producer | Inside Monaco: Playground of the Rich | BBC Two
Spun Gold TV | SD: Michael Waldman | Jun-Dec 2019

Shooting PD | 999: On the Frontline | More4
Curve Media | Series Editor: Claire Simpson | Apr-May 2019

Shooting Producer | Funded Pilot | Channel 4
Remarkable Television | Exec: Patrick Furlong | Feb 2019

DV Director | The Restaurant that Makes Mistakes | Channel 4
CPL Productions | Exec: Benjamin Leigh | Oct-Dec 2018

DV Director | Dogs Behaving (Very) Badly | Channel 5
Avalon Factual | Exec: Tim Quicke | Aug-Sep 2018

DV Director | Hunted (Series IV) and Celebrity Hunted (Series II) | Channel 4
Shine TV | SP: Charlotte Dawes | Jun-Aug 2018

DV Director | Cherry Healey: Should I Go Under the Knife? | UKTV
BBC Studios Science Unit | Series Director: Sally Rose Griffiths | Mar-May 2018

Shooting Producer | Give It A Year | ITV1
TwoFour | Exec: Dan Adamson | Jun-Sep 2017

Producer | Britain's Fat Fight with Hugh Fearnley-Whittingstall | BBC One
Keo Films | SP: Helen Simpson | Mar-Apr 2017

Producer | Food Unwrapped | Channel 4
Ricochet | Exec: Nicola Pointer | Nov-Dec 2016

Producer | Jimmy Doherty's Escape to the Wild | Channel 4
Optomen | Exec: Nick Shearman | Nov 2015 - Sep 2016