

SARAH MYLAND

sarah.myland@btinternet.com

+44 7771 825678

SERIES DIRECTOR / PRODUCER / LIGHTING CAMERA

BA FILM VIDEO & ANIMATION

MA FILM PRODUCTION (CAMERA LIGHTING)

FULL MEMBER of BAFTA

I've worked in film and TV for over 25 years. My film school background and career as a Lighting Cameraman led to opportunities to produce and direct. As a director and producer I work closely both with presenters and contributors, encouraging them to relax and enjoy the process, which enables them to give their best performance to camera. My experience as a lighting cameraman has afforded me extensive technical, production and team management skills, from running a large multi camera crew or a small PSC unit to shooting, producing and directing on smaller projects.

<i>Programme Name</i>	<i>Company Exec</i>	<i>Role Dates</i>	<i>Broadcaster Eps x Length</i>
Simple Comfort Food with Mary Berry Fact Ent	Sidney Street Karen Ross	Edit Producer Oct - Nov 2019	BBC2 1 x 30
Nadia's Family Feasts Fact Ent	Rock Oyster Michael Connock	Director Oct 2019	ITV 10 x 60
Simple Comfort Food with Mary Berry Fact Ent	Sidney Street Karen Ross	Series Director Sept - Oct 2019	BBC2 6 x 30
Lose Weight & Get Fit with Tom Kerridge Fact Ent	Bone Soup Richard Bowron	Series Director May - Sept 2019	BBC2 6 x 30
Best of Britain's Home Cooks Competition	Keo Films Andrew Palmer	Series Director Feb - May 2019	BBC 1 8x 60
Kitchen Legends Fact Ent	Sidney Street Karen Ross	Series Director Jan - Feb 2019	Good Food 20x 30
Tom Kerridge's Fresh Start Fact Ent x 30	Bone Soup Richard Bowron	Series Director April - Nov 2018	BBC 2 6
What Britain Bought / Mary Portas Fact Ent	Sundog Dov Freedman	Director Producer Oct - Dec 2017	Channel 4 1 hour
Village of the Year with Penelope Keith Fact Ent	Reef TV Rachael Platt	Director Aug-Sept 2017	Channel 4 1 hour
Love Food Lose Weight (Tom Kerridge) Fact Ent	Bone Soup Richard Bowron	Series Producer/Director April - June 2017	BBC2 6 x 30
Big Family Cooking Showdown Fact Ent - Competition	Voltage TV Kathleen Larkin	Series Director Jan - to May 2017	BBC 2 12 x 60

Saturday Kitchen Writing Tender Doc for BBC	Spun Gold Matt Young	Series Producer Nov - Dec 2016	N/A
First Class Chefs Family Style Kids Ent	Fresh One / Disney Mark Sammon	Series Producer July - Sept 2016	Disney 10 x 11 10 x 5
Eat Well for Less Fact. Ent.	RDF Bristol Jo Scarratt-Jones	Studio Director April 2016	BBC 1 6 x 60
Virgin Trains Internal Comms	Sundog Dov Freedman	Prod/Dir/Camera Jan - Mar 2016	Digital 12 Shorts
Michela's Tuscan Kitchen Fact. Ent.	Fresh One Kevin Lane	Series Director Oct - Dec 2015	BBC WWide 10 x 30
Waitrose TV - Madeline Shaw Factual	Mad Cat Media Carrie Patsalis	Producer/Director October 2015	Digital 3 x 4
Hemsley & Hemsley Fact Ent	Fresh One Kevin Lane	Series Director Sept - Oct 2015	BBC WWide 10 x 30
Sinful Sweets (USA) Fact Ent	Pernel Media France Samuel Kissous	Series Producer June - Sept 2015	Food Network 6 x30
Lose Weight Well Fact. Ent	Little Gem Ben Gayle	Studio Director August 2015	Channel 4 3 x 60
Waitrose TV - Deliciously Ella Factual	Mad Cat Media Carrie Patsalis	Producer/Director July 2015	Digital 3 x 4
Waitrose TV - Tess Ward Factual	Mad Cat Media Carrie Patsalis	Producer/Director April / May 2015	Digital 3 x 4
Siba's Table (SA) Fact. Ent.	Pacific Rachel Purnell	Series Director Feb / Mar 2015	Food Network 8 x 30
Food & Drink Series 3 Fact. Ent with Tom Kerridge	BBC Bristol Robi Dutta	Studio Dir / Edit Prod Oct 14 - Dec14	BBC 2 6 x 30
Nigel Slater Eating Together Fact. Ent.	Tigress/Sloe Films Pete Lawrence	Studio Director Aug 14 - Oct 14	BBC1 6 x 30
Tom Kerridge Best Ever Dishes Fact Ent	Outline Bridget Boseley	Series Director April 14 - Jul 14	BBC 2 6 X 30
Great British Menu Series 9 Ent / Competition D DAY	Optomen Nicola Moody	Series Dir./ Edit Prod Sept 13 - Feb 14	BBC2 40 X 30 5 X 60
Food & Drink Series 2 Fact. Ent with Michel Roux	BBC Bristol Robi Dutta	Studio Director August 2013	BBC 2 8 x 30 Xmas 60
Farm Kitchen	BBC London	Studio Director	BBC 1

Fact Ent with N Slater & A Henson	Tina Fletcher	Jul - Sept 13	4 x 60
Tom Kerridge Proper Pub Food Fact Ent	Outline Bridget Boseley	Series Director April - Jul 13	BBC 2 6 X 30
Great British Menu Series 8 Ent / Competition Comic Relief	Optomen Nicola Moody	Series Dir./ Edit Prod Sept 13 - Feb 14	BBC2 40 X 30 5 X 60
Nigel Slater Dish of the Day Fact Ent	BBC Bristol Pete Lawrence	Series Director May - Sept 13	BBC 1 8 x 30 Xmas
Great British Menu Series 7 Ent / Competition Olympics	Optomen Nicola Moody	Series Dir./ Edit Prod Sept 11 - Feb 13	BBC2 40 X 30 5 X 60
Nigel Slater Simple Cooking Fact Ent	BBC Bristol Simon Knight	Series Director June - Sept 11	BBC 1 8 x 30 Xmas
Great British Menu Series 6 Ent. Competition People's Banquet	Optomen Nicola Moody	Series Director Sept 10 - Mar 11	BBC2 40 X 30 5 X 60

SELECTION OF LIGHTING CAMERA DOCUMENTARY, LIGHT ENTERTAINMENT & LIFE- STYLE CREDITS

The Great British Food Revival	BBC 2
Nigel Slaters Simple Suppers	BBC 1
Great British Menu Series	BBC2
The F Word	Channel 4
The Restaurant	BBC2
Two Fat Ladies	BBC 2
Panorama "Illegal Music Downloading	BBC 1
How to Look Good Naked	Channel 4
The One Show	BBC 1
Ann Maurice Interior Rivalry	Channel 5
Film Britannia	BBC 2
Birth Night	Channel 5
BBC Holiday 2007.	BBC
Say No To The Knife	BBC 2
The Way We Went Wild	BBC 2
BBC Real Story	BBC 1
Emmerdale Family Albums / Love Triangles	Granada
The Bank of Mum & Dad	BBC 1
ITV50	ITV
Springwatch – Interactive	BBCi
Science of Sex	Channel 5
Hardspell	BBC 2
The Christmas Story	Channel 5
Songs of Praise Special	BBC1
Sex Crimes Investigations	Channel 4
Winners & Losers	BBC 2
Science of Desire	Channel 4
BBC 2The 100 Greatest.....	Granada

Changing Rooms	BBC 1
Winton's Wonderland	BBC 1
Celebrity Stars in Their Eyes	Granada
Heaven & Earth Show	BBC 1
This Morning	ITV
Collins and Maconie's Movie Club	ITV
Most Wanted	ITV
Cardigans at Christmas	BBC 2
The 11 O'Clock Show	Channel 4
Kylie	BBC 1
Elvis	BBC 1
Rod Stewart	BBC 1
It's Slade!	BBC 1
Wild Boys –Duran Duran	BBC 1

Experienced in Promos, Links, Drama, Music Live Performance, EPK and Corporate.